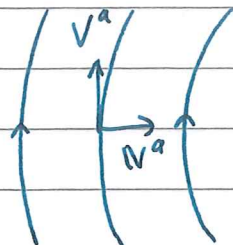


9.1 - Review

Geodesic deviation : $\frac{D^2 N^a}{D\lambda^2} = R^a{}_{bc}{}^d V^b N^c V^d$



Einstein equations : $R_{ab} - \frac{1}{2} g_{ab} = \lambda T_{ab}$

Plan : Determine λ by going to Newtonian limit and comparing to Newton's 2nd law.

9.2 - Newtonian limit: curvature

Assume existence of ^{approx.} global frame with :

1) $g_{ab} = \eta_{ab} + \epsilon h_{ab} + \mathcal{O}(\epsilon^2)$

2) $\partial_t g_{ab} = 0 + \mathcal{O}(\epsilon)$

Gravity is : 1) Weak.

2) Slowly varying.

View h_{ab} as perturbation around flat space.

- To $\mathcal{O}(\epsilon)$, raise and lower with η_{ab} , η^{ab} .

Now want to compute curvature

1) Inverse metric: $g_{ab} = \eta_{ab} + \epsilon h_{ab}$

$$\Rightarrow g^{ab} = \eta^{ab} - \epsilon h^{ab}$$

so that $g_{ab} g^{bc} = \delta_a^c + \mathcal{O}(\epsilon^2)$

2) Christoffel symbols

$$\Gamma^a{}_{bc} = \frac{1}{2} g^{ad} (\partial_b g_{cd} + \partial_c g_{bd} - \partial_d g_{bc})$$

$$= \frac{1}{2} \epsilon \eta^{ad} (\partial_b h_{cd} + \partial_c h_{bd} - \partial_d h_{bc}) + \mathcal{O}(\epsilon^2)$$

3) Riemann tensor: since $\Gamma \sim \mathcal{O}(\epsilon)$, only $\partial\Gamma$ is $\mathcal{O}(\epsilon)$ (ignore Γ^2)

$$R_{ab}{}^c{}_d = \partial_a \Gamma^c{}_{bd} - \partial_b \Gamma^c{}_{ad} + \mathcal{O}(\epsilon^2)$$

$$= \frac{1}{2} \epsilon \left[\eta^{ce} (\partial_a \partial_b h_{de} + \partial_a \partial_d h_{be} - \partial_a \partial_e h_{bd}) \right.$$

$\updownarrow 0$

$$\left. - \eta^{ce} (\partial_b \partial_a h_{de} + \partial_b \partial_d h_{ae} - \partial_b \partial_e h_{ad}) \right]$$

$$R_{abcd} = \frac{\varepsilon}{2} \left(\partial_a \partial_d h_{bc} - \partial_a \partial_c h_{bd} + \partial_b \partial_c h_{ad} - \partial_b \partial_d h_{ac} \right) + \mathcal{O}(\varepsilon^2)$$

Comment: symmetries are manifest.

4) Ricci tensor:

$$R_{ac} = g^{bd} R_{abcd}$$

$$= \eta^{bd} R_{abcd} + \mathcal{O}(\varepsilon^2)$$

$$= \frac{\varepsilon}{2} \left(\partial_a \partial_b h^b{}_c - \partial_a \partial_c h + \partial_b \partial_c h^a{}_b - \partial_b \partial^b h_{ac} \right)$$

$$= \frac{\varepsilon}{2} \left(2 \partial^b \partial_{(a} h_{c)b} - \partial_b \partial^b h_{ac} - \partial_a \partial_c h \right)$$

where $h := \eta^{ab} h_{ab} = h^a{}_a = h_a{}^a$

5) Einstein tensor: introduce "trace-free" perturbation (or trace reversed)

$$\bar{h}_{ab} = h_{ab} - \frac{1}{2} \eta_{ab} h \quad (\text{tr } \eta_{ab} = 2)$$

$$\text{Then: } \bar{h} = h - 2h = -h \Rightarrow h_{ab} = \bar{h}_{ab} - \frac{1}{2} \eta_{ab} \bar{h}$$

$$G_{ac} := R_{ac} - \frac{1}{2} g_{ac} R$$

$$= \frac{\epsilon}{2} \left(2 \partial^b \partial_{(a} \bar{h}_{c)b} - \partial_b \partial^b \bar{h}_{ac} - \eta_{ac} \partial^b \partial^d \bar{h}_{bd} \right)$$

6) Gauge invariance

$g_{ab} = \eta_{ab} + h_{ab} + \mathcal{O}(\epsilon^2)$ does not fully

specify the coordinate system.

- There can be other coordinates in which $g = \eta + h + \dots$ but h will be different.

- Decomposition of metric into background + perturbation is not unique.

- Different h 's can give same curvature, i.e. same physical spacetime to $\mathcal{O}(\epsilon^2)$

Gauge transformation:

$$x^a \mapsto x^a + \xi^a(x)$$

$$h_{ab} \mapsto h_{ab} - \partial_a \xi_b - \partial_b \xi_a$$

Comment: can check $R_{abcd} = 0$ to $\mathcal{O}(\xi^2)$
 so h'_{ab} describes same geometry.

Want to match to Newton

- Pick "harmonic" gauge (nice coordinates)
- Also known as Einstein / Hilbert / de Donder gauge.

$$\partial^a \bar{h}_{ab} = 0$$

- Weak field limit of

$$g^{ab} R^c{}_{ab} = 0 \Leftrightarrow \partial_a \partial^a x^b = \square x^b = 0$$

↑
not a vector

(Cartesian coordinates in SR solve this too!)

$$\begin{aligned} \Rightarrow G_{ac} &= -\frac{\epsilon}{2} \partial_\nu \partial^b \bar{h}_{ac} + \mathcal{O}(\epsilon^2) \\ &= -\frac{\epsilon}{2} \nabla^2 \bar{h}_{ac} + \mathcal{O}(\epsilon^2) \end{aligned}$$

4.3 - Newtonian limit: Einstein equation

Assume pressureless matter at rest in the approx. inertial frame

$$T_{ab} = \rho u_a u_b, \quad u_a = (1, 0, 0, 0)$$

So $G_{ab} = \lambda T_{ab}$ is

$$-\frac{1}{2} \epsilon \nabla^2 \bar{h}_{ab} = \lambda T_{ab}$$

$$\begin{cases} -\frac{1}{2} \epsilon \nabla^2 \bar{h}_{00} = \lambda \rho \\ \nabla^2 \bar{h}_{ab} = 0 \quad (ab) \neq (00) \end{cases}$$

2nd equation: if $\bar{h}_{ab} \rightarrow 0$ at infinity, need

$$\bar{h}_{ab} = 0 \quad (ab) \neq (00)$$

$$\Rightarrow \bar{h} = \eta^{ab} \bar{h}_{ab} = -\bar{h}_{00}$$

$$\begin{aligned} \Rightarrow h_{00} &= \bar{h}_{00} - \frac{1}{2} \eta_{00} \bar{h} \\ &= \frac{1}{2} \bar{h}_{00} \end{aligned}$$

So 1st eqⁿ is: $\nabla^2 \bar{h}_{00} = -\frac{2}{\epsilon} \rho$

Compare : $\nabla^2 \phi = 4\pi\rho G$

- how is ϕ related to \bar{h}_{00} ?

9.4 - Newtonian limit : geodesic equation.

$$\ddot{x}^a + \Gamma^a_{bc} \dot{x}^b \dot{x}^c = 0$$

$\dot{x}^a = \frac{dx^a}{d\tau}$ "proper time reduces to coordinate time in Newtonian limit"

Assume non-relativistic motion :

$$\dot{x}^a = (1, 0, 0, 0) + \mathcal{O}(\epsilon)$$

$\tau \approx$ coordinate time x^0 of approx. inertial frame.

$$\Rightarrow \frac{d^2 x^a}{dt^2} = -\Gamma^a_{00}$$

$$\Rightarrow \frac{d^2 x^i}{dt^2} = -\Gamma^i_{00} = + \frac{\epsilon}{2} \partial_i h_{00}$$

Compare : $\ddot{x}^i = -\partial_i \phi \Rightarrow \phi = -\frac{\epsilon}{2} h_{00} = -\frac{\epsilon}{4} \bar{h}_{00}$

9.5- Value of λ

Plug back into Einstein equation

$$\Rightarrow \nabla^2 \phi = \frac{\lambda}{2} \rho = 4\pi G \rho$$

$$\Rightarrow \lambda = 8\pi G$$

$$\Rightarrow R_{ab} - \frac{1}{2} g_{ab} R = 8\pi G T_{ab}$$