

Mathematical Physiology

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Problem Sheet Classes

The background of the slide is a photograph of a lecture hall. The room features rows of red upholstered seats with attached writing tablets, arranged in a semi-circular pattern. The walls are finished with vertical wood paneling. At the front of the room, there is a white podium and a green chalkboard. The ceiling is equipped with several recessed rectangular light fixtures.

Class option 1: Ian Griffiths

- Problem Sheet 1: Thursday 2:30-4 Week 3, classroom C4
- Problem Sheet 2: Thursday 2:30-4 Week 5, classroom C4
- Problem Sheet 3: Tuesday 11-12:30 Week 8, classroom C4
- Problem Sheet 4: Date to be determined after discussion with class

Class option 2: Sam Palmer

- Problem Sheet 1: Friday 3:15-4:45 Week 4, classroom C4
- Problem Sheet 2: Friday 3:15-4:45 Week 5, classroom C4
- Problem Sheet 3: Friday 3:15-4:45 Week 7, classroom C5
- Problem Sheet 4: Friday 3:15-4:45 Week 8, classroom C4

Problem Sheets

- Solutions to the B questions of Problem Sheet 1 and 3 should be submitted on Moodle by Friday 5pm of the week before the class to be marked.
- Model answers will be provided to all questions and we will go through these in the classes.

Special Topics

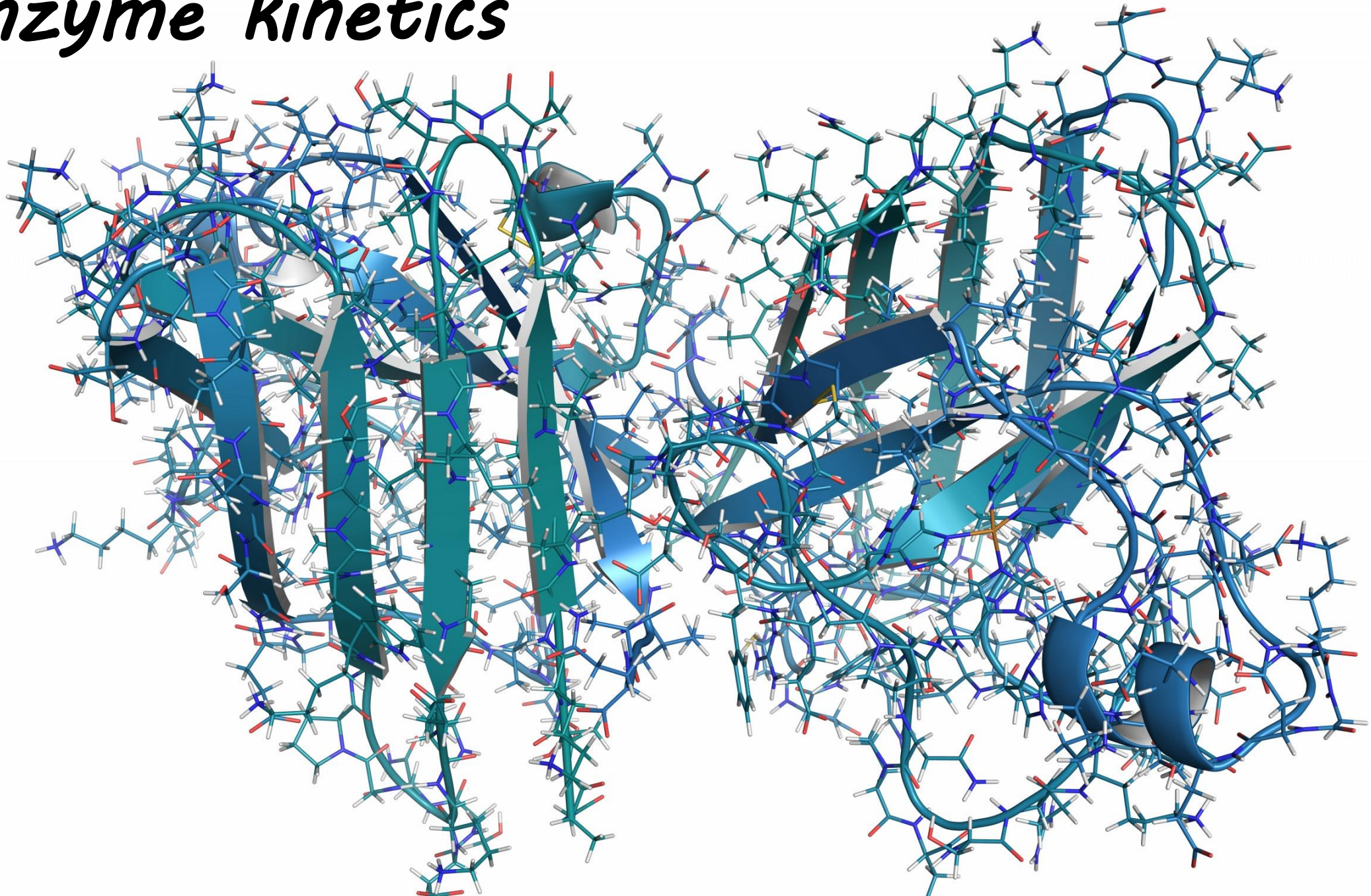
- For those who are attending and need to write a special topic on this course, I have uploaded a list of possible topics.



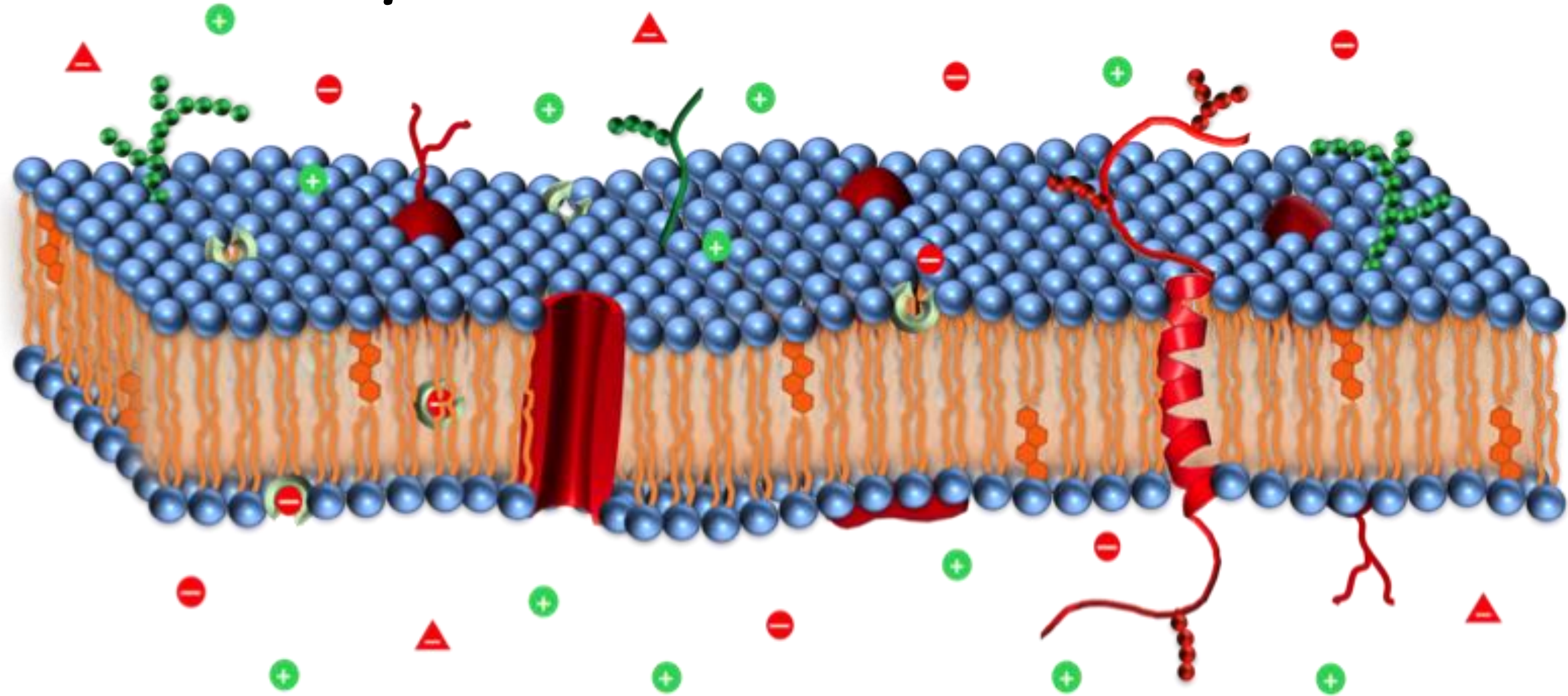
Lectures

- The typeset lecture notes are **detailed**. But, **everything you need** will be covered in the lectures. (Sometimes I will point to the lecture notes for an additional proof.)
- The course is a little different to other mathematical courses. Here there will be just as much emphasis on coming up with the appropriate mathematical models as there is on solving them.
- To add a little interest and relevance, we will have some guest appearances from research experts in the field (in brain modelling, calcium dynamics,...).
- I will use a mixture of Powerpoint slides (which will be available on the course website) and writing on the whiteboard.

Enzyme kinetics



Ion transport



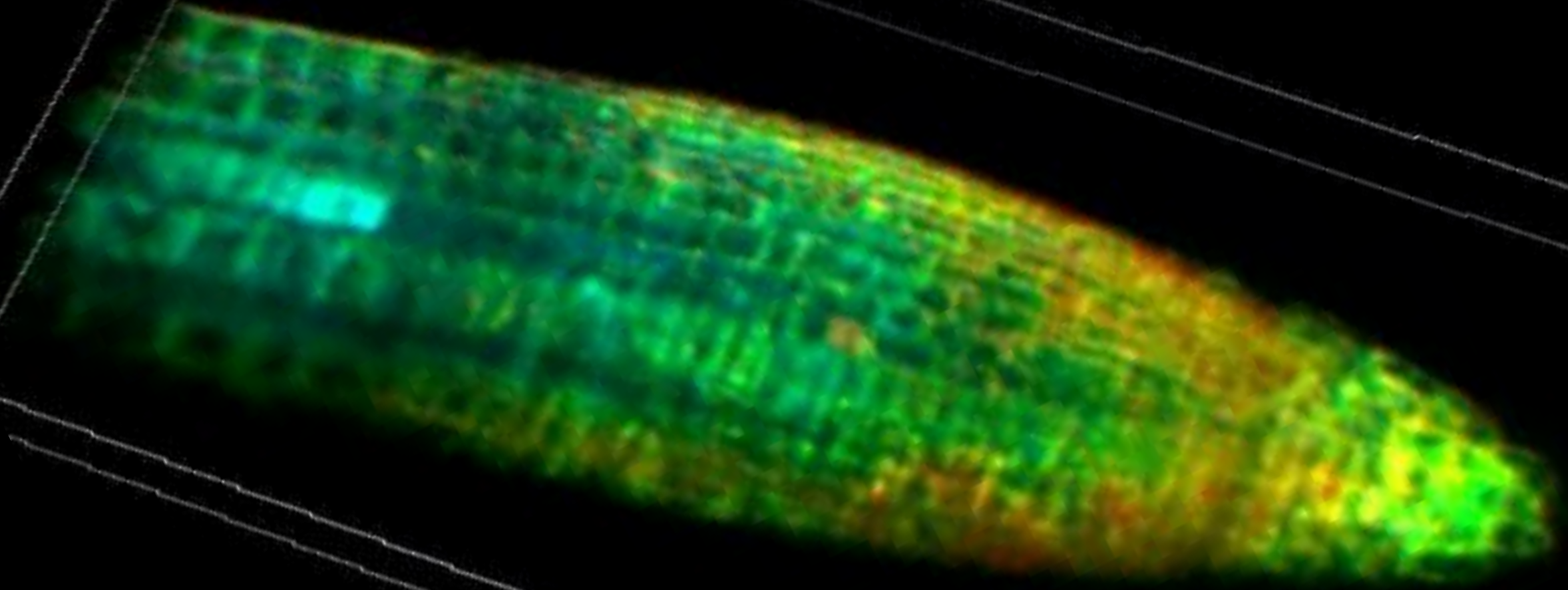
Ion transport across a lipid bilayer

Wave propagation in neurons



Brain waves conducting neuronal activity

Calcium dynamics



Calcium dynamics in plant root cells

Electrochemistry of the heart



The heart as a pump

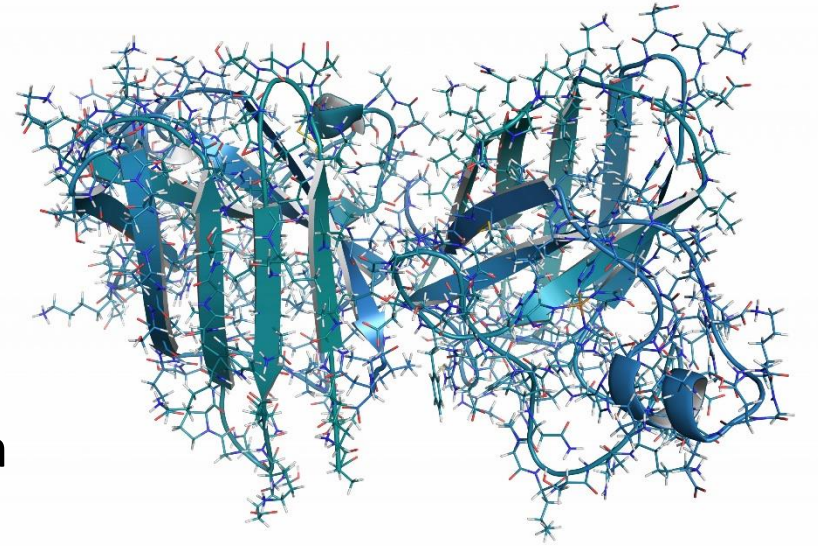


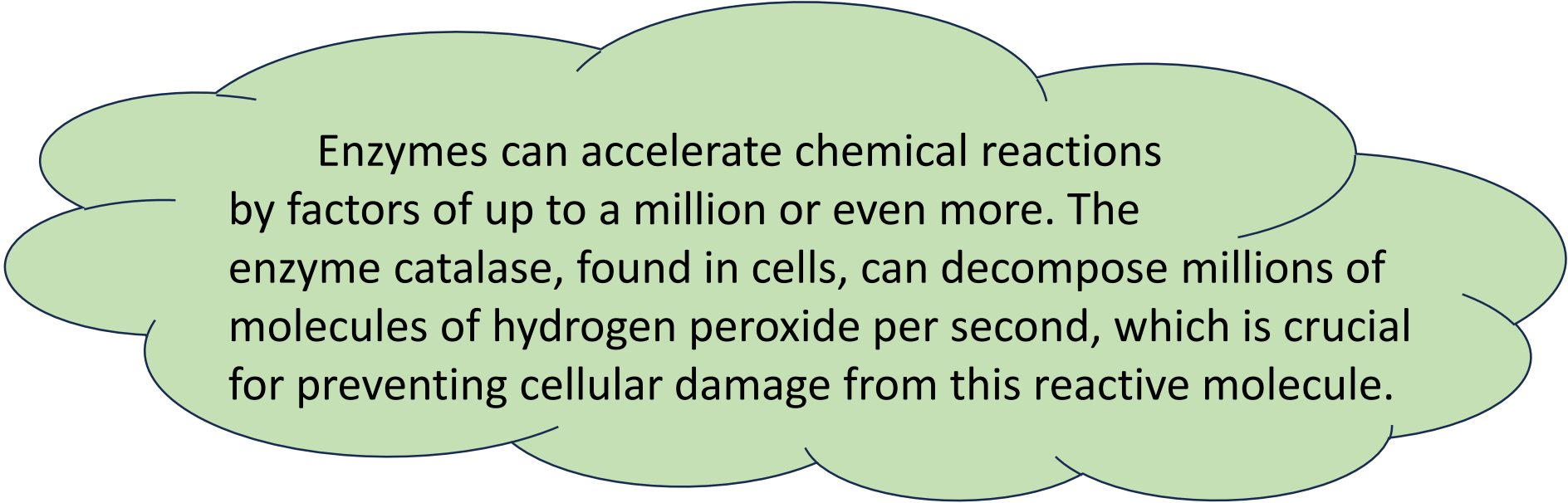
Respiration



Enzyme kinetics

- Enzymes are **catalysts** – they help convert other molecules (called substrates) into products but are not used up in the reaction themselves.
- Enzymes are important in a range of biological applications, eg,
 - **The digestive system** where they help the body break down larger complex molecules into smaller molecules, such as glucose, so that the body can use them as fuel.
 - **DNA replication** where enzymes help in this process by unwinding the DNA coils.
 - **Liver enzymes**, which facilitate the process of destroying the toxins.

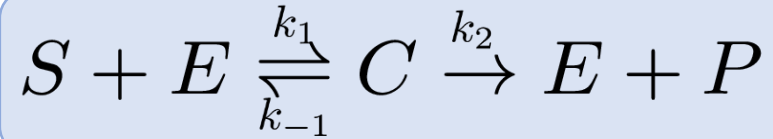




Enzymes can accelerate chemical reactions by factors of up to a million or even more. The enzyme catalase, found in cells, can decompose millions of molecules of hydrogen peroxide per second, which is crucial for preventing cellular damage from this reactive molecule.

Summary of lecture 1

- An enzyme reaction:



- Michaelis–Menten law:

$$c = \frac{s}{s + K'} \quad \frac{ds}{dt} = \frac{-\lambda s}{s + K'}$$

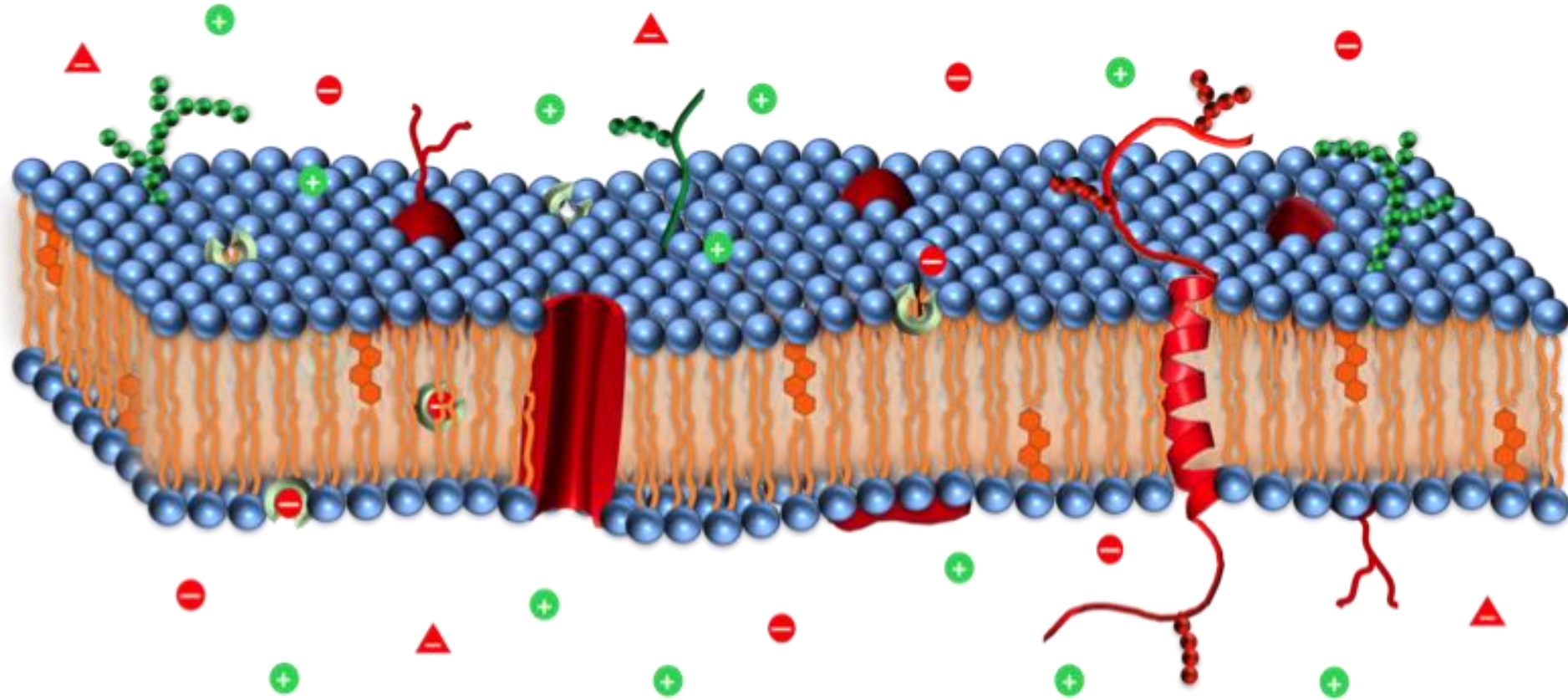
- Reaction rate:

$$R = \frac{dP}{dt} = \frac{k_2 E_0 S}{K + S}$$

$$K = \frac{k_{-1} + k_2}{k_1}$$

Michaelis constant

Transmembrane ion transport



Ion transport across a lipid bilayer

- This is important for
 - cellular communication
 - homeostasis
 - energy production

Transmembrane ion transport

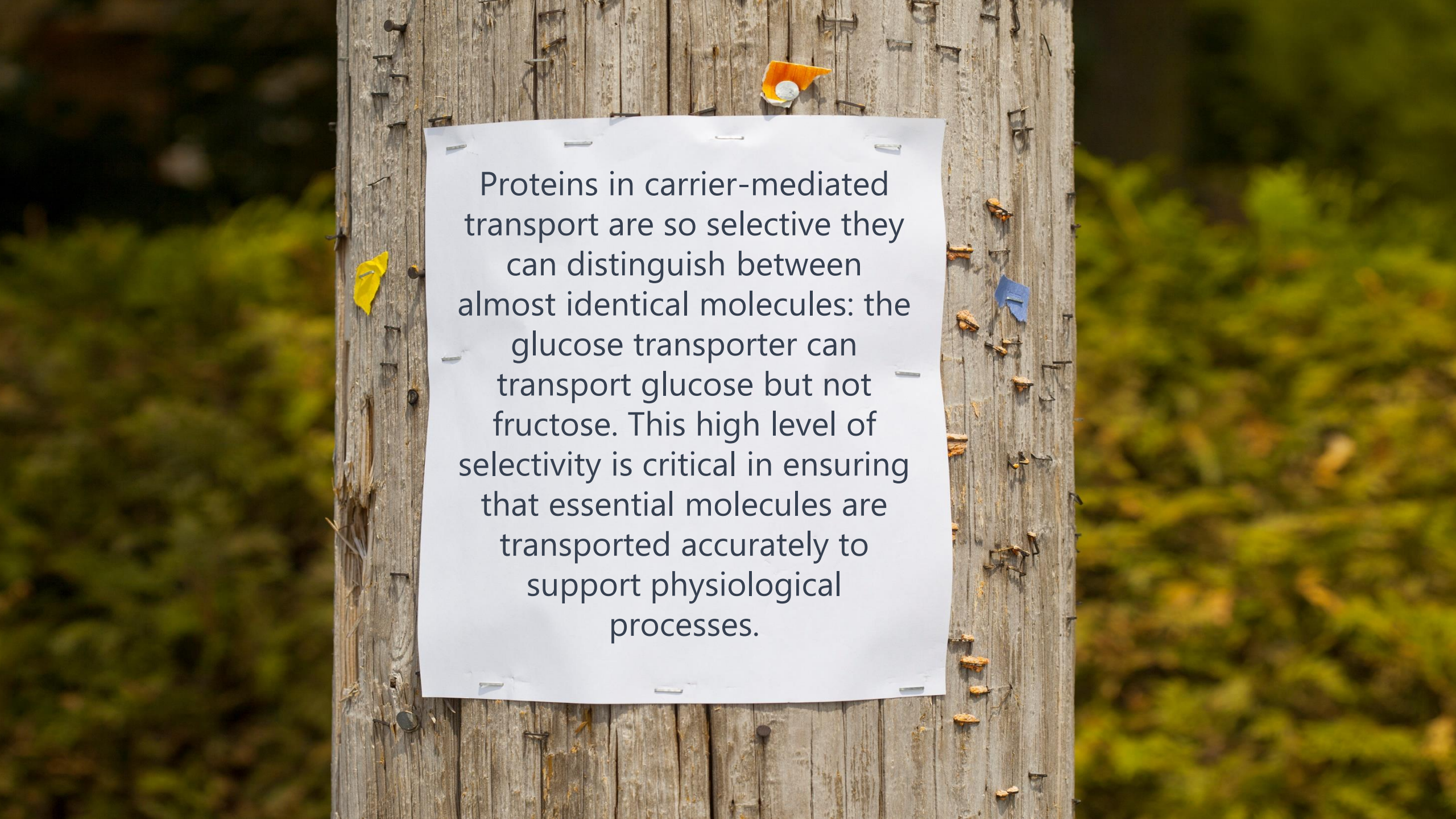
- Cells are effectively bags of water.
- The water contains dissolved salts: NaCl and KCl, which dissolve into Na⁺, K⁺ and Cl⁻ ions.
- They exist both inside and outside the cell, creating a potential difference.
- The cell walls are permeable – ions may be transported through the cell membrane, passing through pores called **channels** or **gates**.
- **Osmosis** is the mechanism by which water is transported across the cell membrane.

Transmembrane ion transport

- **Carrier mediated diffusion** – a molecule hitches a lift by binding to a carrier molecule that is lipid soluble and can move through the membrane.
- **Carrier mediated transport** – a molecule binds to a protein that has an active site that may be exposed to the interior or exterior of the cell (e.g., glucose or amino acid transport).
- **Pumps** – these exchange one ion for another, e.g., Na^+ for K^+ or Na^+ for Ca^{2+} .

A model for carrier mediated transport

- C_i = a state with a binding site exposed to the interior.
- C_e = a state with a binding site exposed to the exterior.
- C_e can bind with a substrate molecule in the exterior S_e to make a product P_e .
- C_i can bind with a substrate molecule in the interior S_i to make a product P_i (with the same rates as the exterior).
- P_i can turn into P_e . This is the carrier doing its 'rotation'.
- C_i can turn into C_e . This is the carrier site rotating without any substrate on it. We assume this occurs at the same rate as the rotation with substrate on it.

A white rectangular paper note is pinned to a weathered wooden post. The post is covered in numerous small, dark metal nails. Several pieces of colored paper are scattered around the note: a yellow scrap on the left, an orange scrap at the top, and a blue scrap on the right. The background is a blurred green field.

Proteins in carrier-mediated transport are so selective they can distinguish between almost identical molecules: the glucose transporter can transport glucose but not fructose. This high level of selectivity is critical in ensuring that essential molecules are transported accurately to support physiological processes.

A PhD opportunity: modelling In-Vitro Fertilization

Cardiff Mathematics

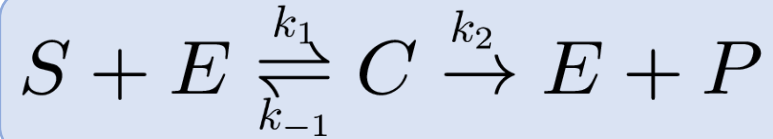
- Modelling and data analysis for creating a diagnostic tool for In-Vitro Fertilization.
- Part of the GW4 BioMed Doctoral Training Programme.
- Supervisors: Dr Katerina Kaouri (lead supervisor), Prof Karl Swann (Cardiff Biosciences), Prof Krasimira Tsaneva-Atanaseva (Exeter) and Dr Cameron Hall (Bristol).
- The student should have a strong quantitative background (first degree in Mathematics, Physics, Engineering or Computer Science) and an interest in Mathematical Biology and Medicine.
- Both home and international students are eligible.
- Deadline: 1st November 2023. Start date: October 2024.
- <https://www.findaphd.com/phds/project/calcium-signalling-in-in-vitro-fertilization-developing-a-non-invasive-diagnostic-tool-using-mathematical-modelling-and-data-analysis/?p160702>

CARDIFF
UNIVERSITY

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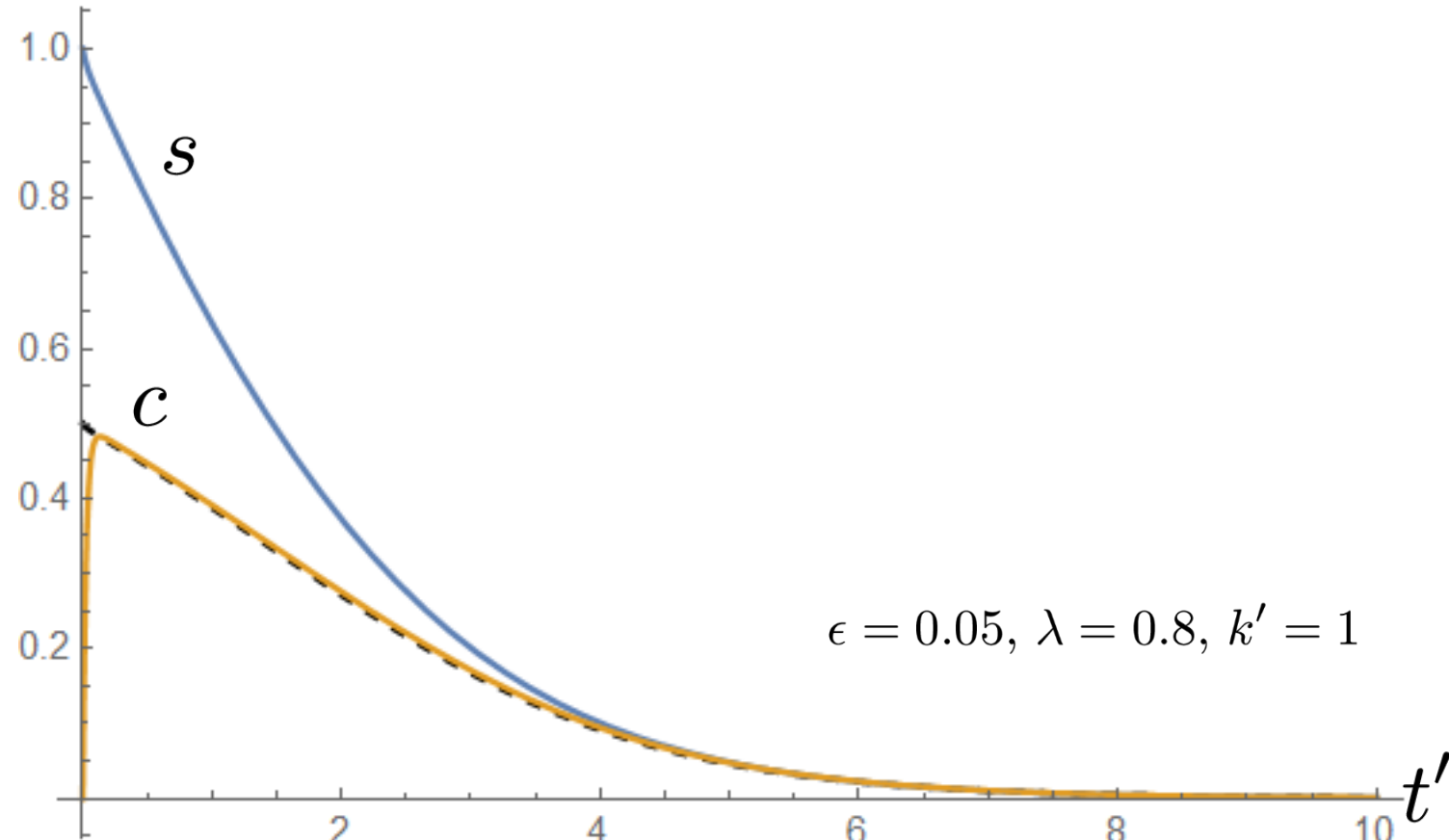
Summary of lecture 2

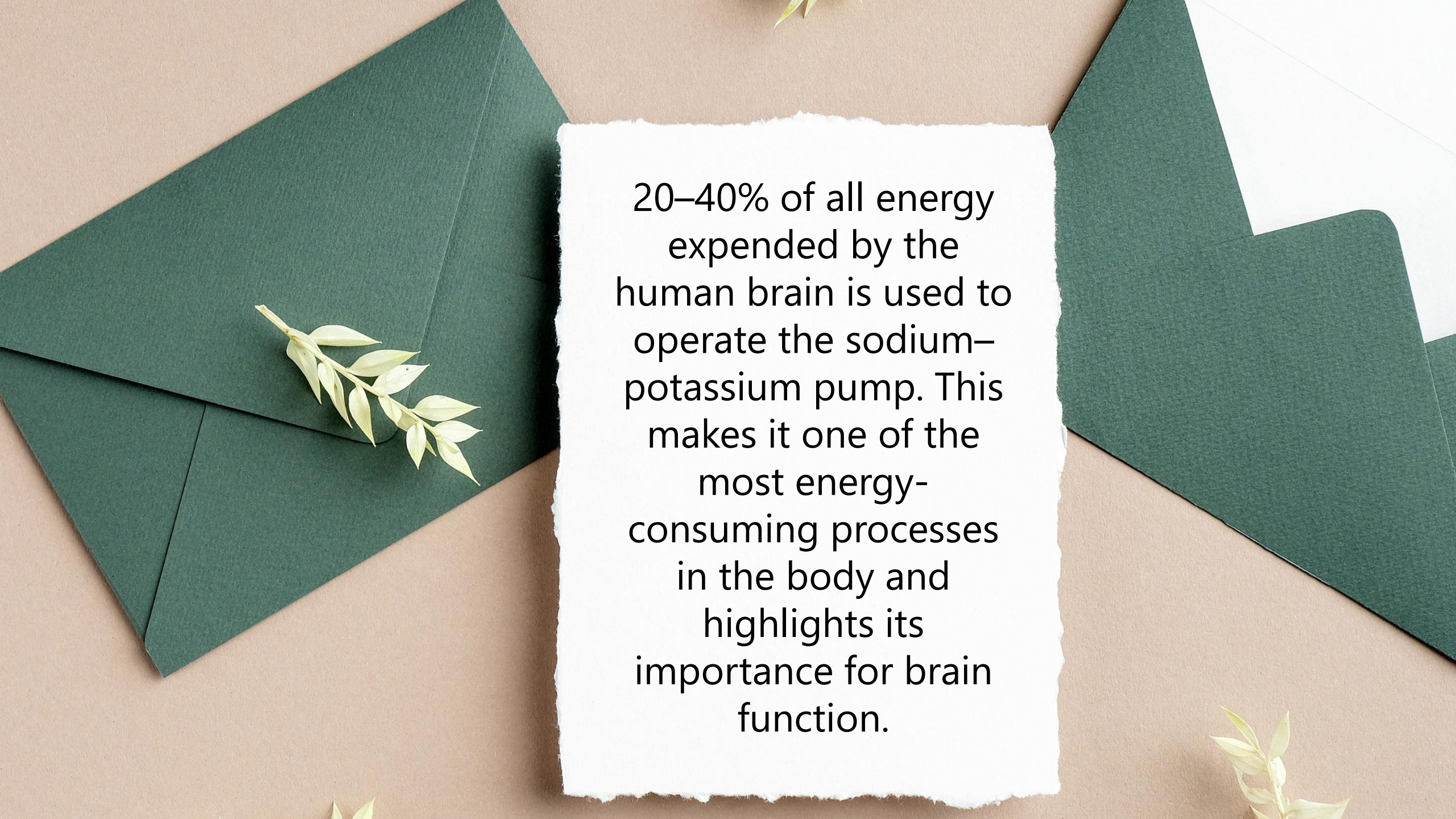
- An enzyme reaction:



$$\frac{ds}{dt'} = -s + c(s + k' - \lambda)$$

$$\epsilon \frac{dc}{dt'} = -s - (s + k')c$$





20–40% of all energy expended by the human brain is used to operate the sodium–potassium pump. This makes it one of the most energy-consuming processes in the body and highlights its importance for brain function.

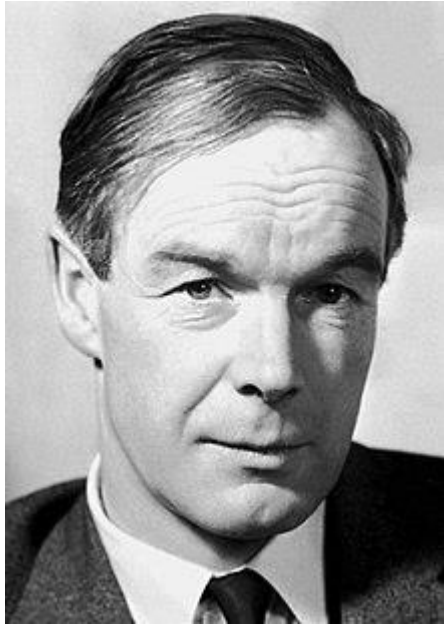
Summary of lecture 3

- We can write down an ODE model for **carrier-mediated transport**. The model tells us the rate at which ions can be transferred from the outside of the membrane to the inside in steady state.
- **Active transport** involves moving molecules against concentration gradients. This requires energy.
- Ions will move across a membrane wall to balance concentration. However, this might lead to a difference in charge. The system reaches an equilibrium when the diffusive flux balances the ionic flux.
- This occurs at the **Nernst potential**:

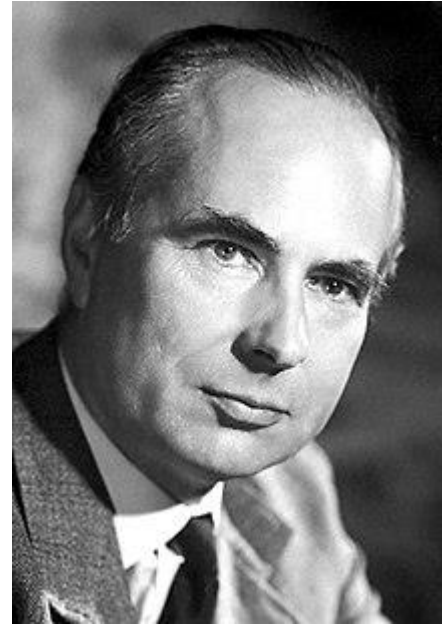
$$V_S = \frac{RT}{zF} \ln \left(\frac{c_e}{c_i} \right)$$

- So far we have looked at **carrier-mediated transport**. This relies on proteins to carry substances across the membrane.
- We will now look at **gated channels**. These are transmembrane proteins that allow ions or molecules to pass through in response to specific signals or changes in membrane potential.

The Hodgkin–Huxley model



Alan Lloyd Hodgkin
1914–1998



Andrew Huxley
1917–2012

The Hodgkin–Huxley model

- The nervous system is a communication system formed by nerve cells or **neurons**.
- Information is propagated along long cylindrical segments called **axons** by electrochemical signals.
- Communication between cells occurs at junctions between **synapses** to the **dendrites**.
- If a small current is applied for a short time the membrane potential simply returns to its resting potential when the current is removed.
- But for a sufficiently high current, the membrane potential undergoes a large excursion – an **action potential** – before returning to its resting value.
- Signals are transmitted by the propagation of these action potentials.



Some ion channel gates can open and close incredibly quickly, with time scales measured in microseconds (millionths of a second) or even faster. This rapid gating is particularly important in muscle contractions.

Summary of lecture 4

- We can write an equation for ionic currents:

$$C \frac{dV}{dt} + I = 0.$$

- The current is given by a sum of the individual ionic currents, I_S :

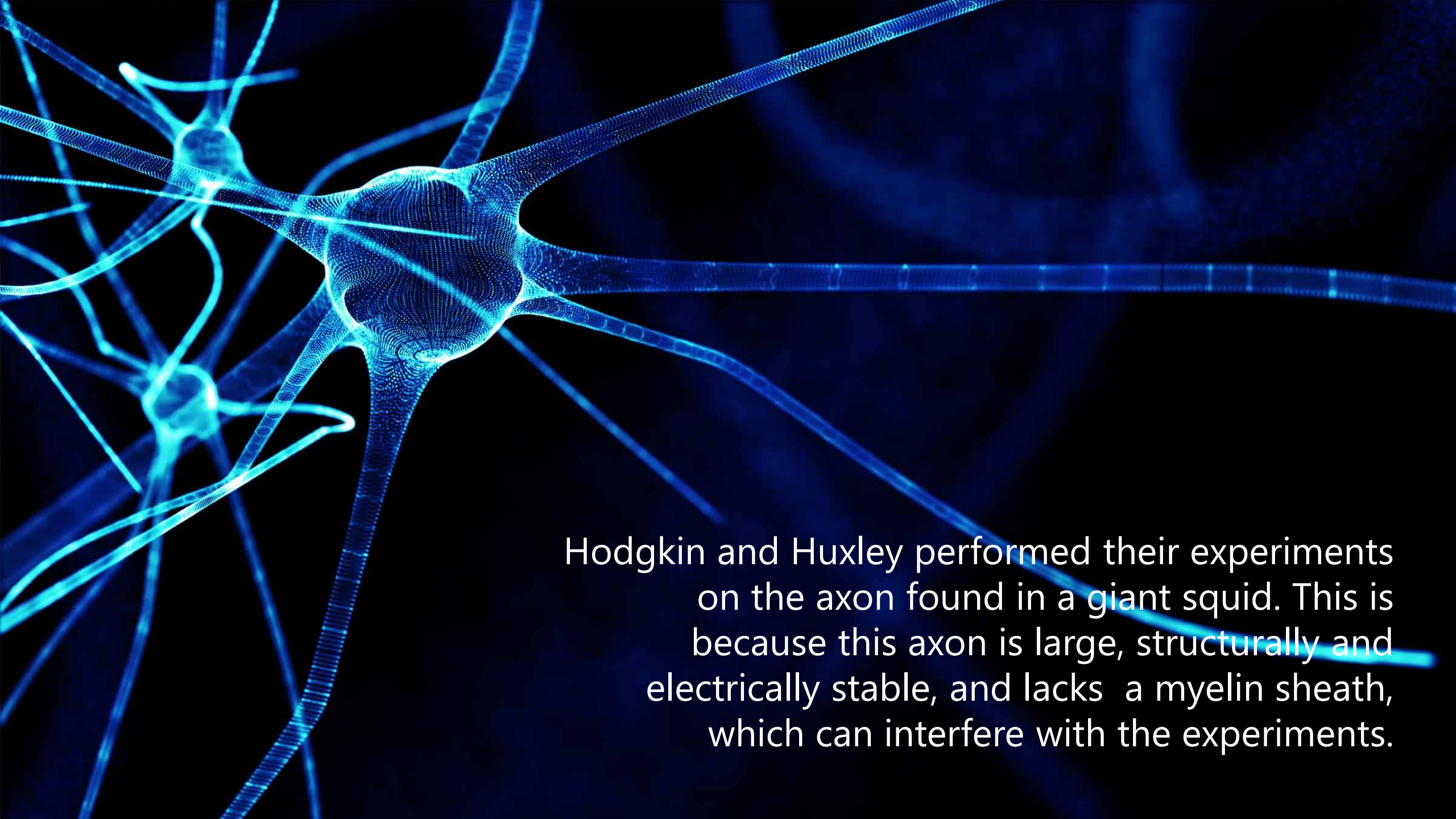
$$I = \sum_S I_S \qquad I_S = g_S(V - V_S)$$

- The conductivities g_s are related to the fraction of gates that are open, n :

$$g_s = n g_{s,max}$$

- n satisfies a gate equation:

$$\tau_n(V) \frac{dn}{dt} = n_\infty(V) - n$$



Hodgkin and Huxley performed their experiments on the axon found in a giant squid. This is because this axon is large, structurally and electrically stable, and lacks a myelin sheath, which can interfere with the experiments.

Summary of lecture 5

- The [Hodgkin–Huxley model](#) is

$$C_m \frac{dV}{dt} = I - I_i$$

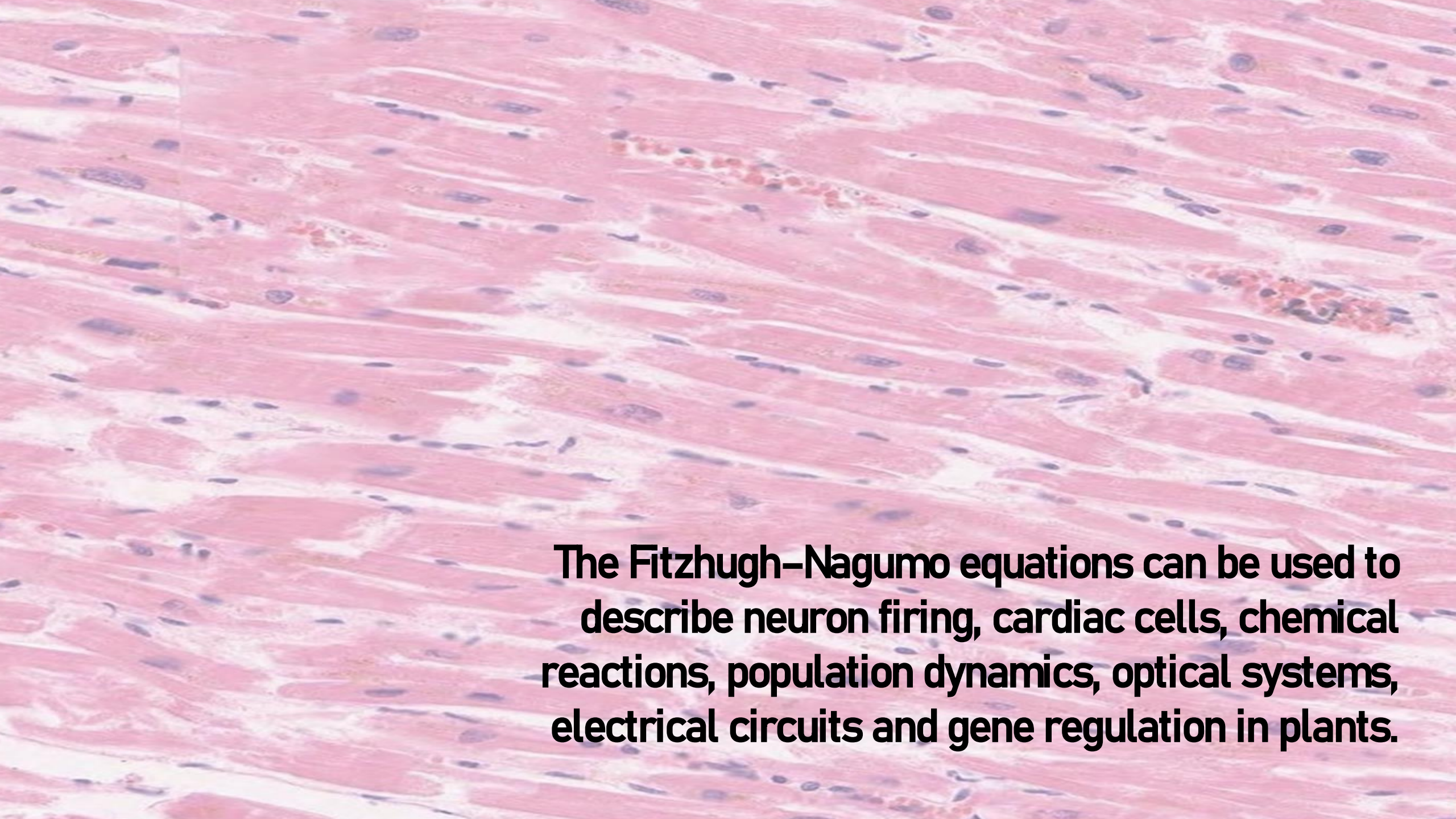
$$\tau_n(V) \frac{dn}{dt} = n_\infty(V) - n$$

$$\tau_m(V) \frac{dm}{dt} = m_\infty(V) - m,$$

$$\tau_h(V) \frac{dh}{dt} = h_\infty(V) - h.$$

$$I_i = \underbrace{g_{\text{Na}} m^3 h (V - V_{\text{Na}})}_{\text{Na}^+ \text{ current}} + \underbrace{g_{\text{K}} n^4 (V - V_{\text{K}})}_{\text{K}^+ \text{ current}} + \underbrace{g_{\text{L}} (V - V_{\text{L}})}_{\text{leakage}},$$

- This allows for [excursions](#) – the [action potential](#).



The Fitzhugh–Nagumo equations can be used to describe neuron firing, cardiac cells, chemical reactions, population dynamics, optical systems, electrical circuits and gene regulation in plants.

Summary of lecture 6

- Malin Karstens (Experimental Psychology) discussed how the Hodgkin–Huxley modelling framework and neurostimulation may be used to understand and enhance attention and focus.
- The [Hodgkin–Huxley model](#) comprises four ODEs for four unknowns.
- This allows for excursions – the action potential.
- We may simplify the problem to two ODES for two unknowns. This is called the [FitzHugh–Nagumo model](#).
- This enables phase-plane analysis that allows us to visualize the action potential.

<https://www.nikonsmallworld.com/galleries/2023-small-world-in-motion-competition/developing-neurons-connecting-the-opposite-side-of-the-central-nervous-system>

Happy Halloween!

When you get a fright during Halloween, your brain's neurons release dopamine. This surge in dopamine is part of the brain's response to stress and can contribute to the exhilaration and adrenaline rush that many people enjoy during spooky Halloween events.



Summary of lecture 7

- The FitzHugh–Nagumo model

$$\epsilon \dot{v} = I^* - g(v, n)$$

$$\dot{n} = n_\infty(v) - n$$

- The FitzHugh–Nagumo equations

$$\dot{w} = \gamma v - w$$

$$\epsilon \dot{v} = I^* + f(v) - w$$

$$f(v) = v(v - a)(1 - v) \quad 0 \leq a \leq 1$$

Nerve signals can travel at speeds of 270 miles per hour. This allows you to react quickly to various stimuli, such as pulling your hand away from a hot surface or reacting to a sudden loud noise.



Summary of lecture 8

- We looked at the spatial version of the Fitzhugh–Nagumo equations

$$\epsilon \frac{\partial v}{\partial t} = f(v) - w + \epsilon^2 \frac{\partial^2 v}{\partial x^2} \qquad f(v) = v(v - 1)(1 - v)$$

$$\frac{\partial w}{\partial t} = \gamma v - w$$

- We found a travelling wave solution $v(ct-x)$, which corresponds to the action potential.

Calcium dynamics

- Calcium (Ca^{2+}) is important in **muscle dynamics** and **cell signalling**.
- Ca^{2+} is stored in cells in bones and released by **hormonal stimulation**. The internal store is called the **sarcoplasmic reticulum**.
- It releases Ca^{2+} via **calcium induced calcium release**.
- The intracellular fluid matrix is called the **sarcoplasm**.
- Extracellular Ca^{2+} concentrations are higher than intracellular concentrations so Ca^{2+} must be pumped out.
- Muscle cells are bundles (**fascicles**) of muscle fibres (cells) each of which contains arrays of filament structures (**microfibrils**) which contract under the action of Ca^{2+} .

Calcium dynamics

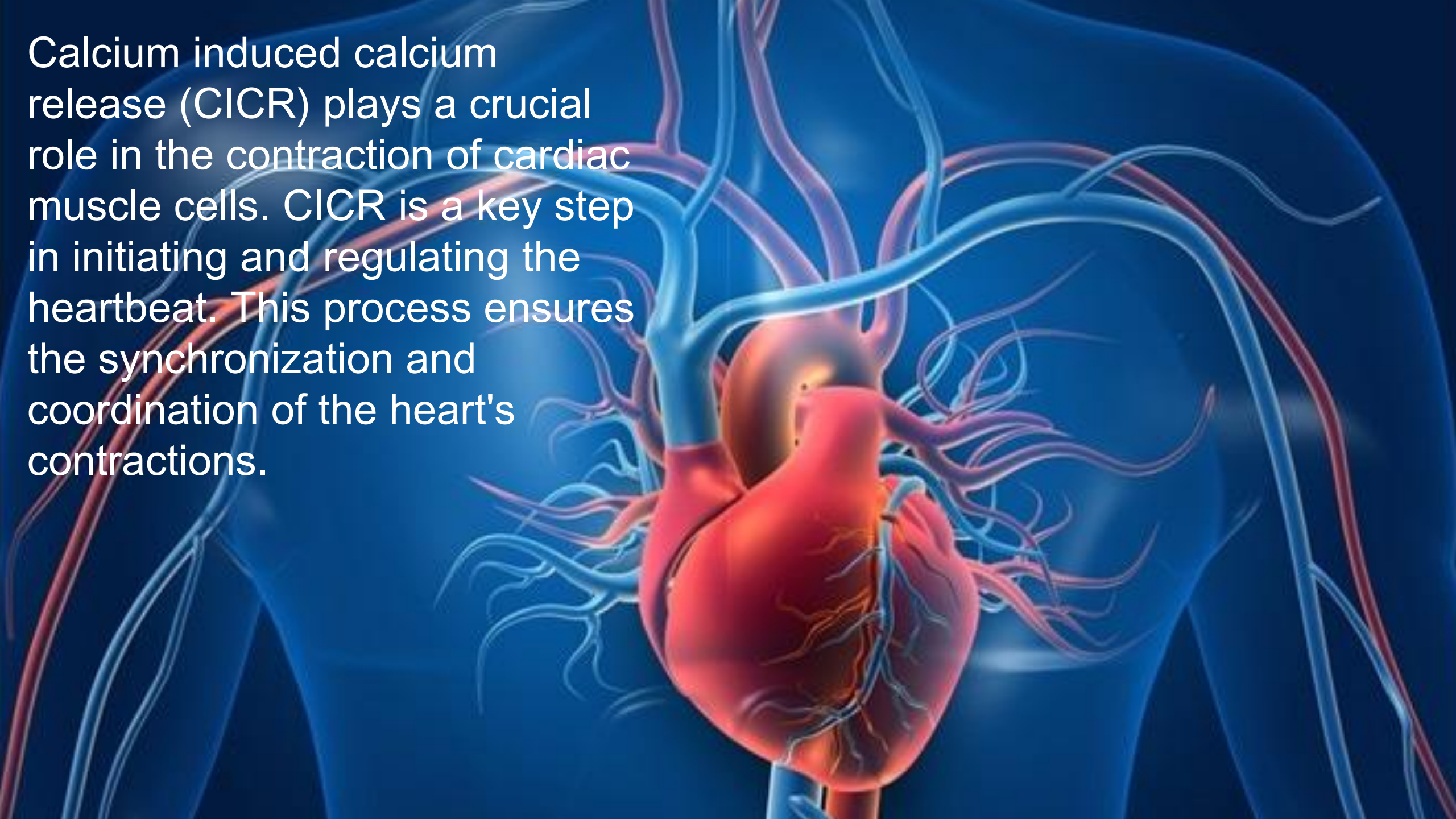
- Under stimulation from a nerve cell, an **action potential** is triggered and propagates along the fibre (as we have seen last lecture).
- Na^+ floods in and this allows Ca^{2+} in too.
- The release of Ca^{2+} is quite spiky.

Can we derive a mathematical model for muscle contraction with a low Ca^{2+} concentration in steady state that is excitable under stimulus?

The two pool model

- We want to derive a model to explain how Ca^{2+} moves between the sarcoplasmic reticulum (the store) and the sarcoplasm.
- C = concentration of Ca^{2+} in the sarcoplasm.
- C_s = concentration of Ca^{2+} in the sarcoplasmic reticulum (SR).
- J_+ = rate of take up of Ca^{2+} by the sarcoplasmic reticulum (by receptors) [active uptake].
- J_- = rate at which the SR releases its internal store (calcium induced calcium release) [active release].
- r = influx of Ca^{2+} into the sarcoplasm from the outside world because of an applied stimulus.
- $k_s C_s$ = rate of leakage of Ca^{2+} from SR into the sarcoplasm [passive – proportional to concentration].
- kC = rate of leakage of Ca^{2+} from sarcoplasm to outside world [passive –proportional to concentration].

Calcium induced calcium release (CICR) plays a crucial role in the contraction of cardiac muscle cells. CICR is a key step in initiating and regulating the heartbeat. This process ensures the synchronization and coordination of the heart's contractions.



Summary of lecture 9

- We looked at calcium induced calcium release and found that there are three types of behaviour:

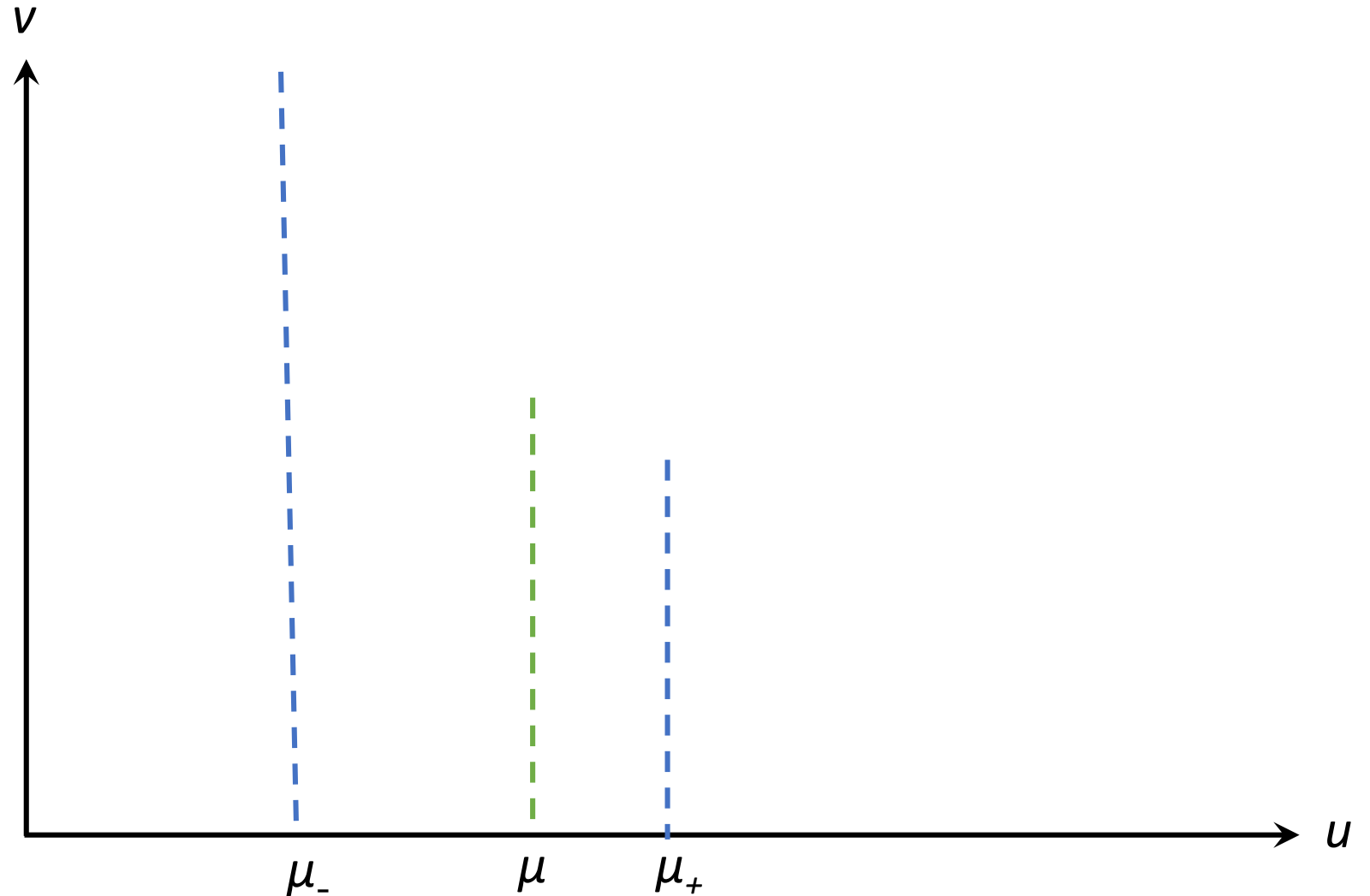
- Case (i) $\mu_- < \mu < \mu_+$

$$\frac{d(u+\gamma v)}{dt} = \mu - u$$

When $u < \mu$ we move to the right.

When $u > \mu$ we move to the left.

This leads to **sustained** or **relaxation oscillations**.



Summary of lecture 9

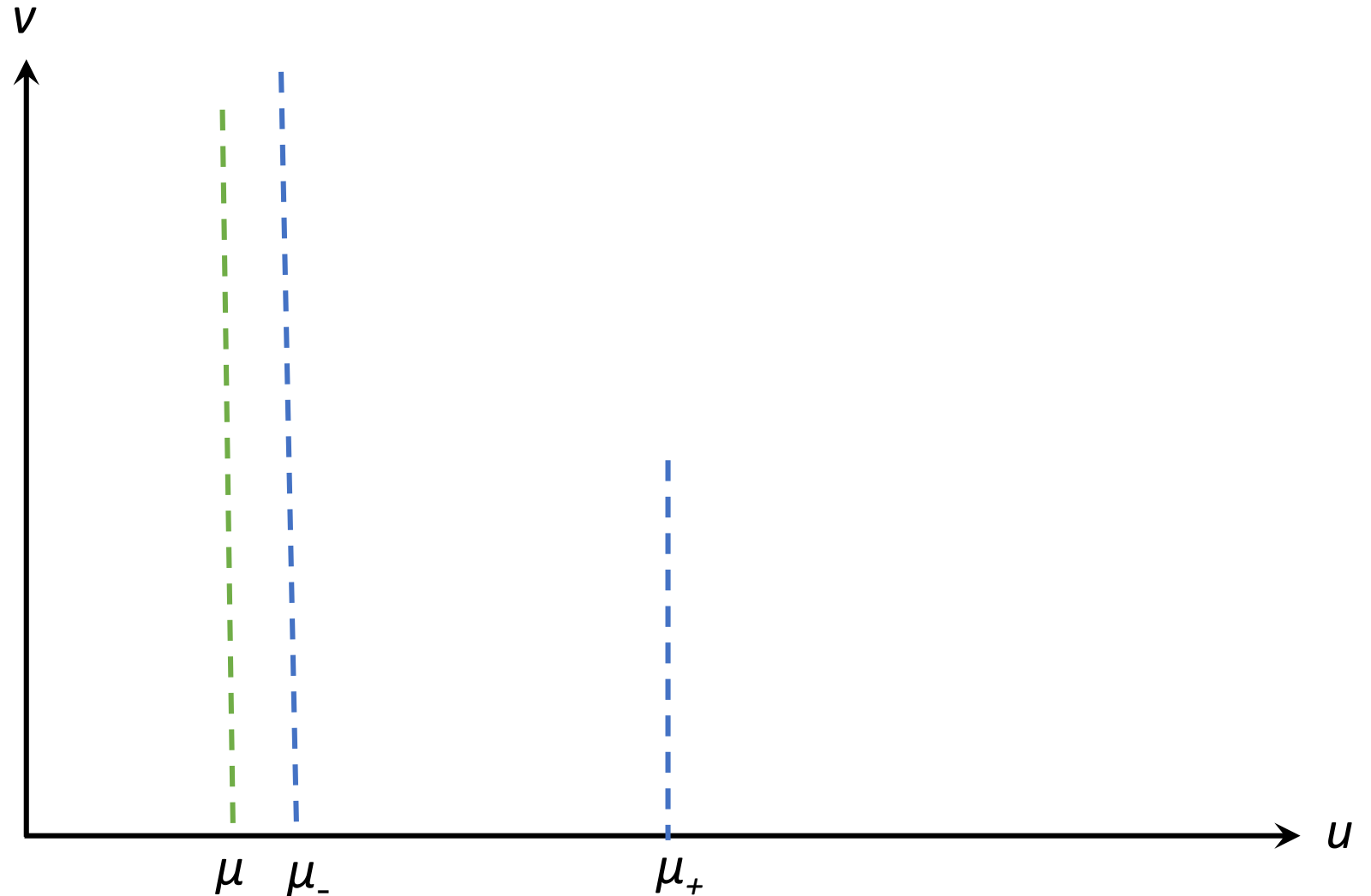
- We looked at calcium induced calcium release and found that there are three types of behaviour:

- Case (ii) $\mu < \mu_-$

$$\frac{d(u+\gamma v)}{dt} = \mu - u$$

When $u < \mu$ we move to the right.
When $u > \mu$ we move to the left.

We need to give a little energy to move away from the green equilibrium point and make an excursion.



Summary of lecture 9

- We looked at calcium induced calcium release and found that there are three types of behaviour:

- Case (iii) $\mu > \mu_+$

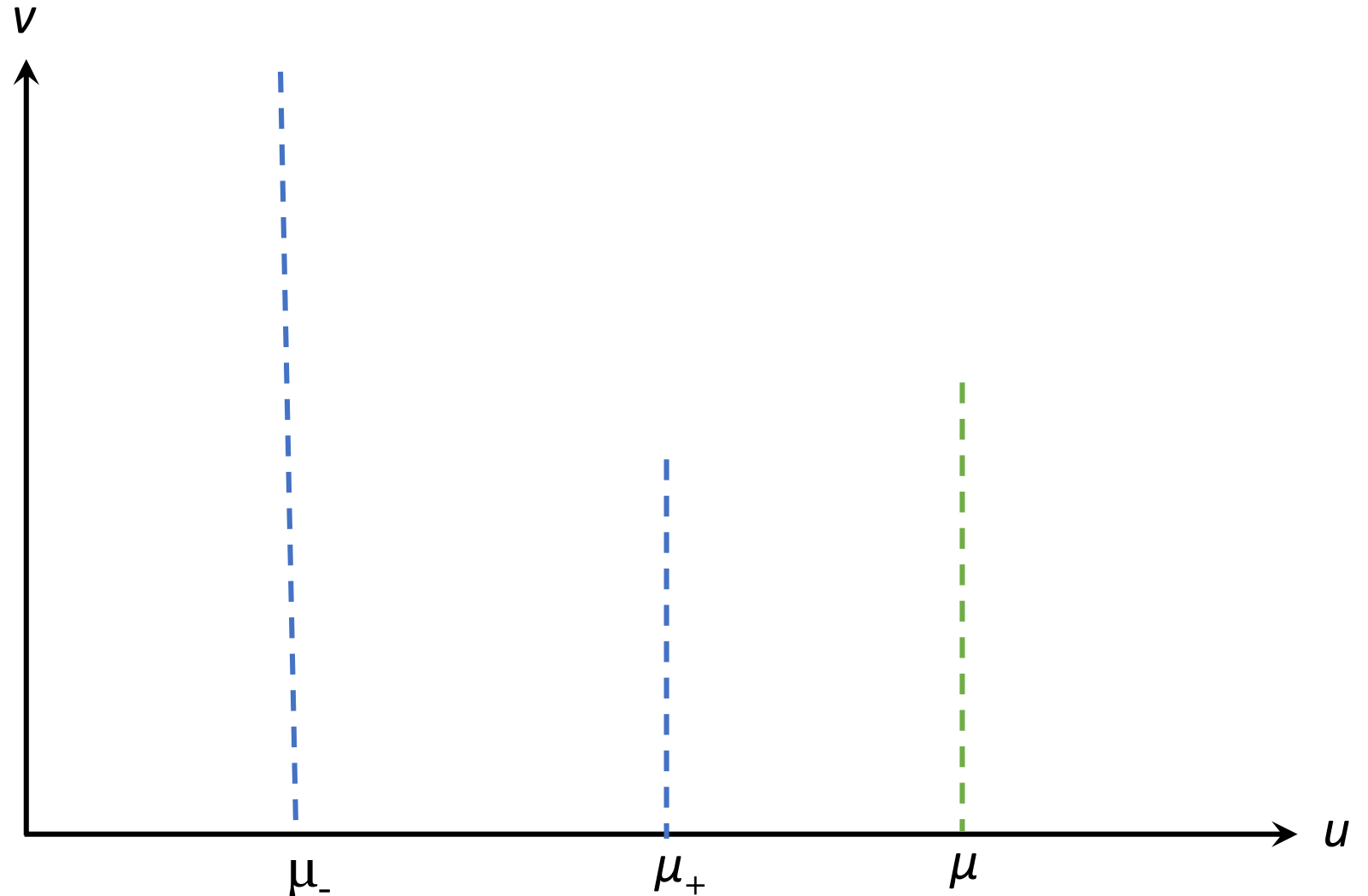
$$\frac{d(u+\gamma v)}{dt} = \mu - u$$

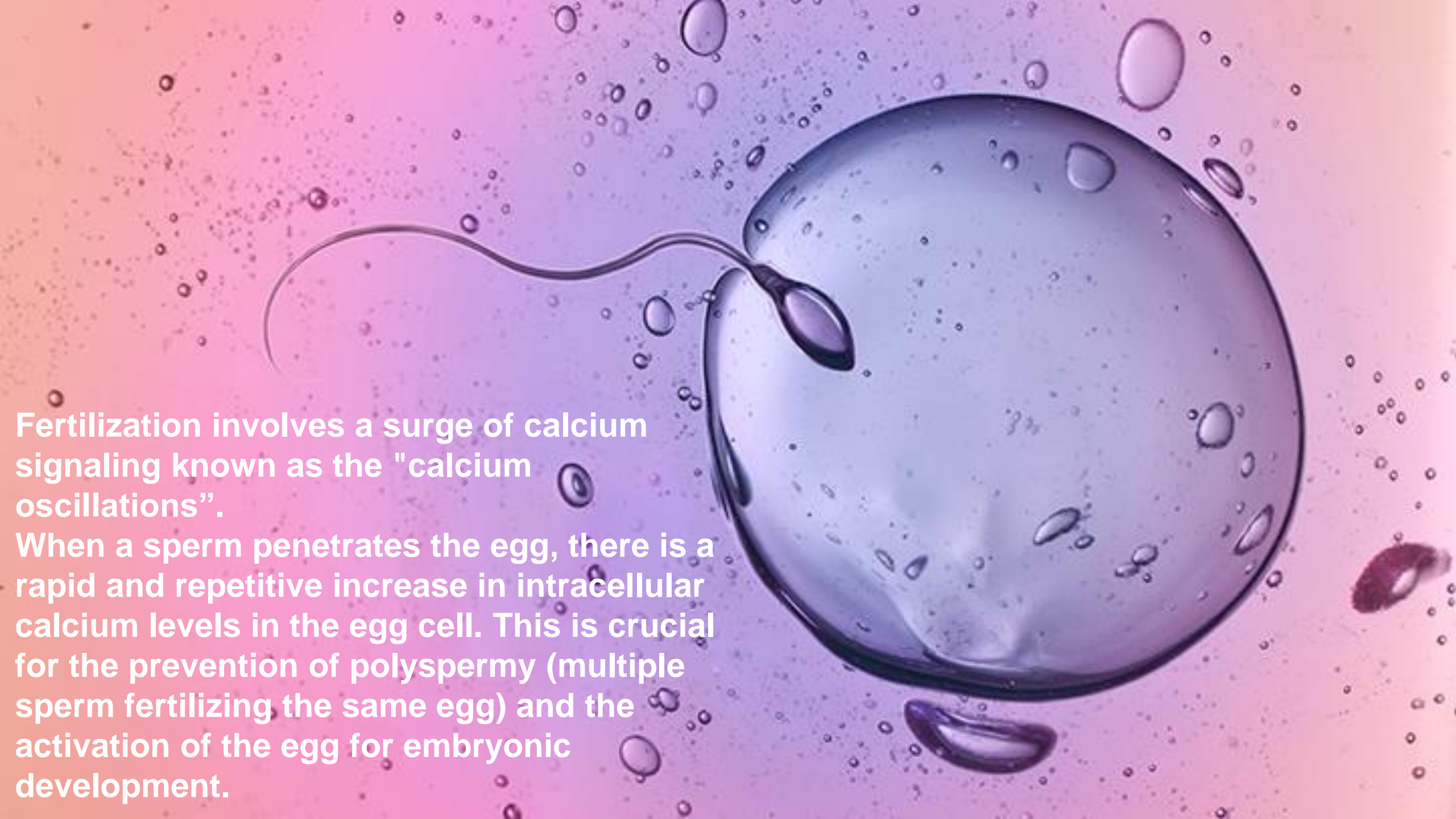
When $u < \mu$ we move to the right.

When $u > \mu$ we move to the left.

The equilibrium lies at $u > \mu_+$
which is high.

This leads to **cramps** and **rigor mortis**.



A microscopic image showing a large, clear, spherical egg cell on the right. A single sperm cell is shown penetrating the egg cell's membrane from the left. The sperm cell has a long, thin tail (flagellum) that is curved. The background is a light blue and white gradient, filled with many smaller, similar-looking sperm cells, some of which are also penetrating the egg cell. The overall scene illustrates the process of fertilization.

Fertilization involves a surge of calcium signaling known as the "calcium oscillations".

When a sperm penetrates the egg, there is a rapid and repetitive increase in intracellular calcium levels in the egg cell. This is crucial for the prevention of polyspermy (multiple sperm fertilizing the same egg) and the activation of the egg for embryonic development.

Summary of lecture 10

- Katerina Kaouri (Cardiff University) talked about current research in calcium dynamics and its relation to spina bifida and IVF.

Calcium waves exhibit phenomena known as “calcium puffs” and “calcium sparks” – transient increases in intracellular calcium concentration. Calcium puffs are small and localized; calcium sparks are larger and can propagate as travelling waves.

A frog skeletal muscle fibre loaded with Fluo-4 displaying calcium release events

Summary of lecture 11

- We saw how the space-dependent model for calcium-induced calcium release admits periodic travelling wave solutions.

$$u_t + \gamma v_t = \mu - u + \nu u_{xx},$$

$$\varepsilon v_t = f(u, v),$$

The heart

- There are two parts to the heart function.
 - 1) **Electrochemical action** – causes muscle contraction to pump blood around the body.
 - 2) **Mechanical action** – enables unidirectional circulation via a system of valves.

The electrochemical action of the heart

- The heart has four chambers: the **right atrium (RA)**, the **right ventricle (RV)**, the **left atrium (LA)** and the **left ventricle (LV)**.
- Blood flows into the RA from the venous system to the RV, perfuses through the lungs where it gains oxygen, moves to the LA then to the LV and then to the arteries.
- In the RA is the **sino-atrial (SA) node**, whose cells act as pacemakers with a periodic action potential.

The echocardiogram (ECG)

- Approximately **2D waves** propagate through the heart from the SA.
- Blockage of conduction paths can lead to 're-entrant' **spiral waves**, which cycled round the diseased tissue. This causes **ventricular tachycardia**.
- In the diseased heart, spiral waves can become chaotic. This causes **ventricular fibrillation**.

Summary of lecture 12

- The Noble model describes the electrochemical action of the heart.
- This explains the action potential of ventricular myocytes.



After the cardiac muscle cells fire, they become completely unresponsive to additional stimuli. This is essential for preventing chaotic or premature contractions to ensure stability and reliability of the heart's rhythm.

Summary of lecture 13

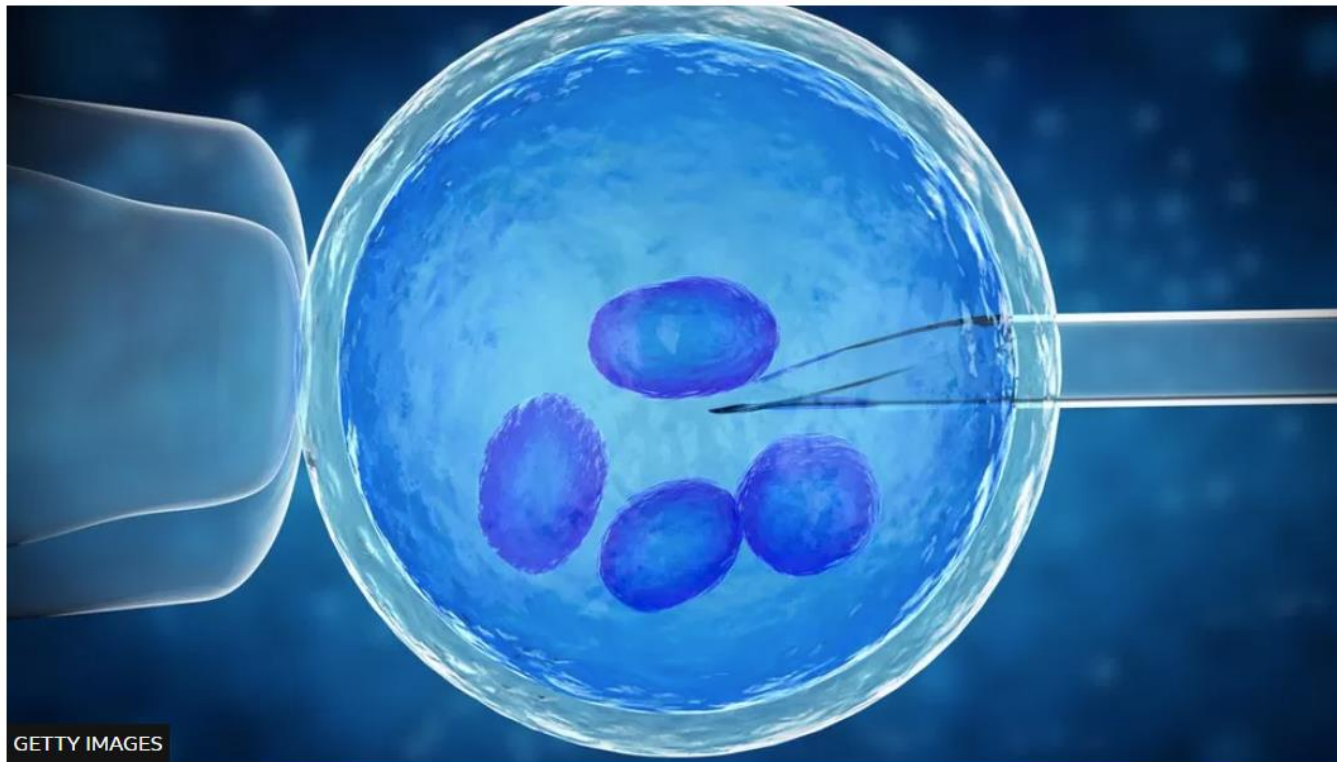
- Periodic wave propagation explains two types of behaviour:
 - **Target patterns** – circularly radiating waves that are observed in the heart and generated by pacemaker cells.
 - **Spiral waves** – these are seen in atrial fibrillation.

Summary of lecture 14

- Nervous control of the heart includes heart rate regulation, stroke volume and arterial blood pressure.
- There are two parts to the nervous system: the sympathetic and parasympathetic systems.
- The sympathetic system releases noradrenaline and adrenaline. This acts slowly (over around 10s) and increases blood pressure through vasoconstriction and increases heart rate.
- The parasympathetic system releases acetylcholine which reduces blood pressure through vasodilation and reduces heart rate. This acts quickly.

Hopes for IVF boost from University of Warwick maths doctor's idea

🕒 1 day ago

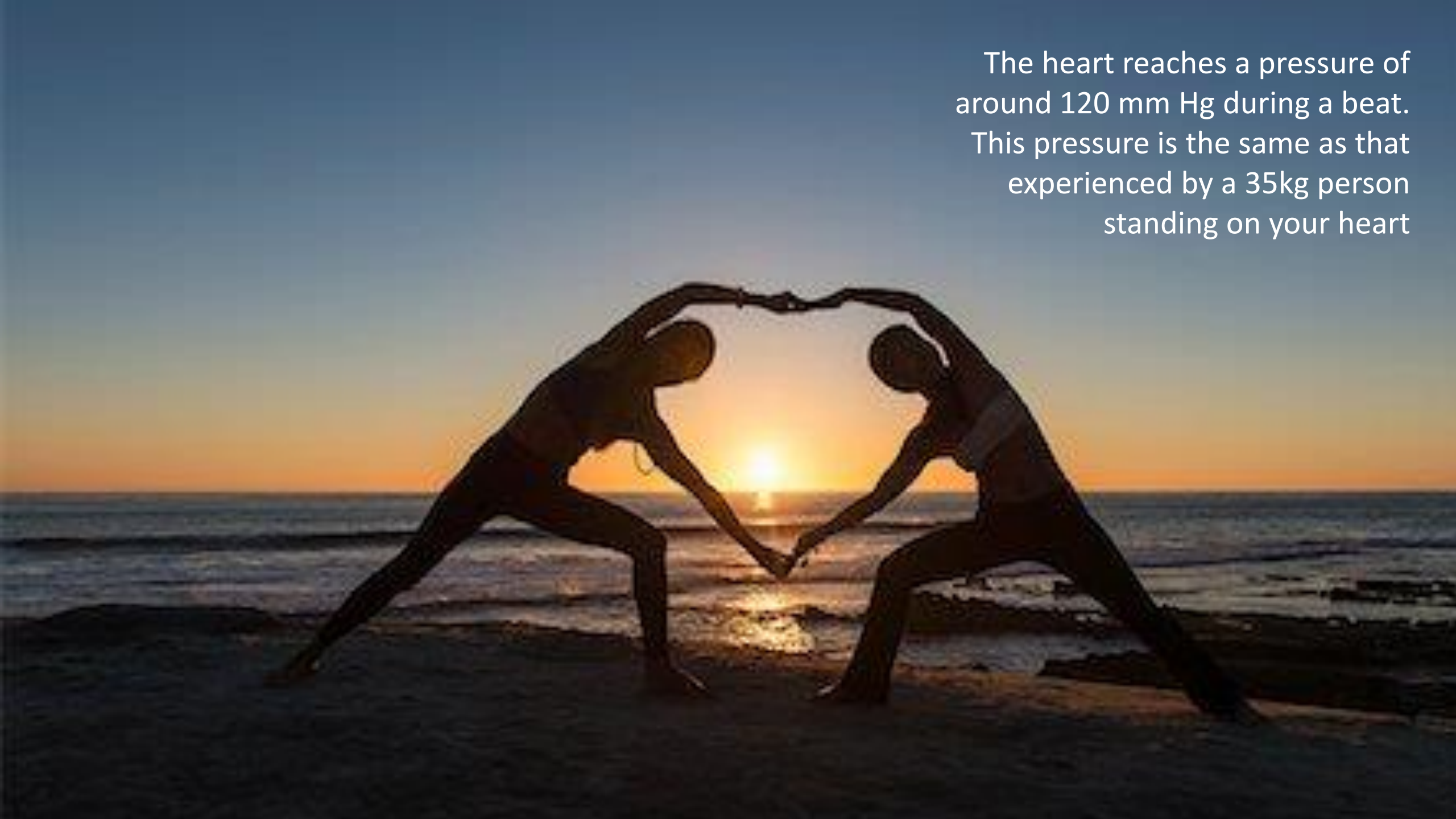


GETTY IMAGES

| Doctors have to collect eggs from women for IVF cycles

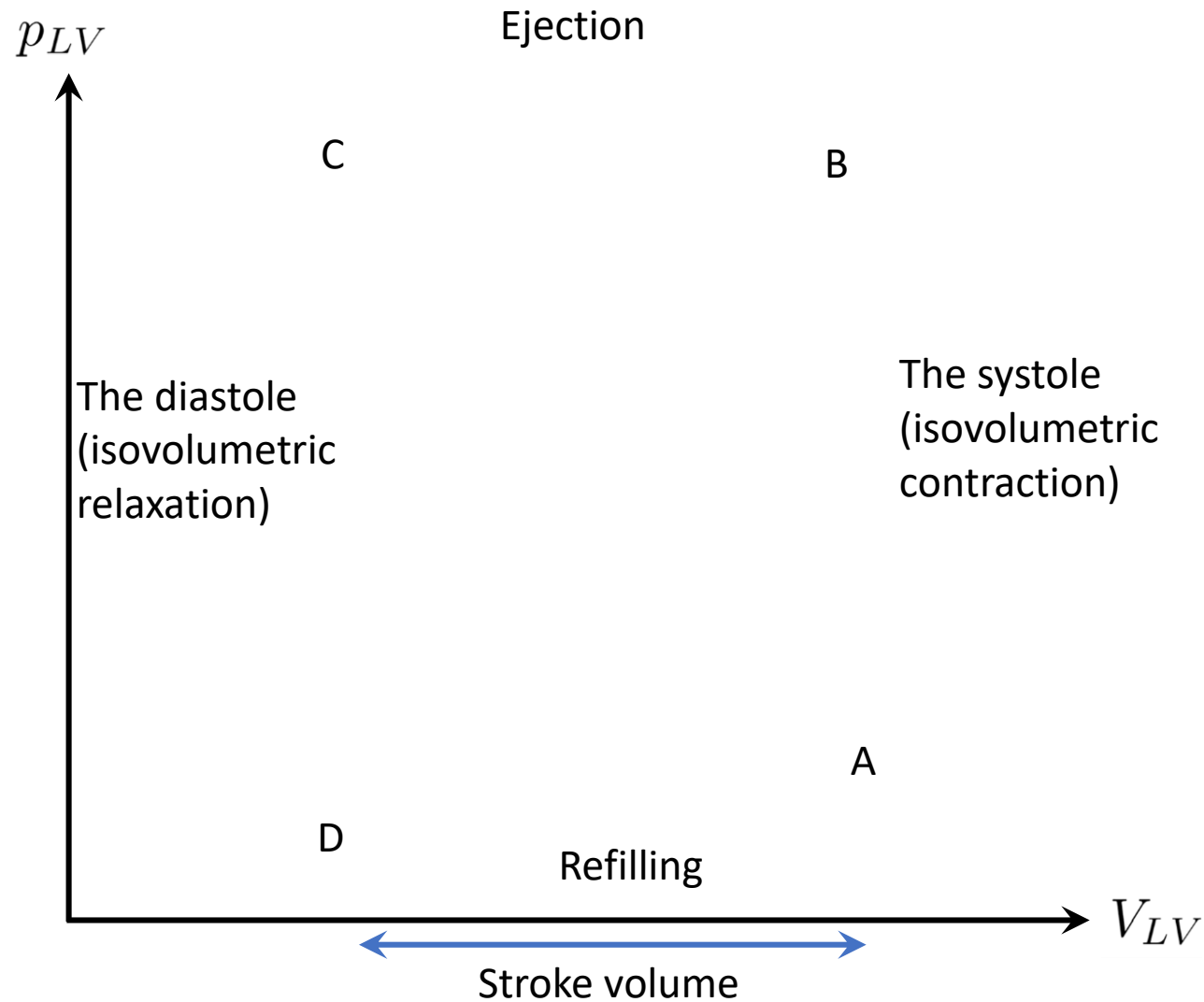
<https://www.bbc.co.uk/news/uk-england-coventry-warwickshire-67498261>

The heart reaches a pressure of around 120 mm Hg during a beat. This pressure is the same as that experienced by a 35kg person standing on your heart standing on your heart



Summary of lecture 15

- The pressure–volume cycle of the heart consists of four stages:



Why do we study mathematical physiology?

- 1) Quantitative Understanding.** Mathematical models provide a way to describe complex biological phenomena, which can lead to precise predictions and insights. This allows researchers to explore fundamental questions about life processes and the principles that govern them.
- 2) Prediction and Simulation.** Mathematical models enable us to predict the behaviour of physiological systems under different conditions. This is particularly valuable for simulating experiments and testing hypotheses.
- 3) Clinical Applications.** Models can aid in the diagnosis and treatment of diseases by providing insights into the underlying physiological mechanisms.

Why do we study mathematical physiology?

- 4) **Drug Development.** Mathematical models can help predict the effects of drugs on physiological systems, optimize dosage regimens, and understand how drugs interact with biological pathways.
- 5) **Optimizing Therapies.** This includes designing personalized treatment plans, predicting patient responses to interventions, and identifying optimal conditions for medical procedures.
- 6) **Advancing Basic Science.** By providing a quantitative framework, it allows researchers to explore fundamental questions about life processes and the principles that govern them.